

Stimming

Self-stimulatory behavior. Repetition of movement, words, or sounds often brought on by Sensory Dysregulation.



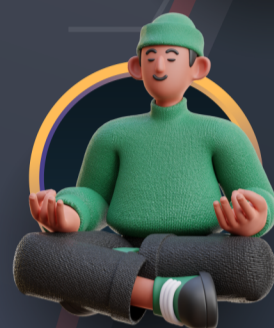
Assistive Tools

- Communication Devices/Apps
- Sensory Items/Clothing
- ID Cards/Bracelets/Clothing
- Noise-cancelling headphones



Calming Rituals

- Counting
- Deep Breathing
- Soothing Phrases
- Pacing



Echolalia

Repeating questions, phrases, and words that are spoken to an individual.



Common Autism

Indicators

Scripting

Reciting lines from movies, books, TV shows, commercials, etc.



Security Items

May have strong attachments to atypical personal items that give security and comfort



Limited Eye Contact

Eye contact may be overwhelming. Filtering out eye contact may help with auditory processing.



Inappropriate Volume

May have challenges modulating the volume of their speech. (Speak too loudly or too softly).



Blue
Bridge

